

Osaka Prefecture's efforts to prevent the spread of infections (Outline)

① Area : All parts of Osaka Prefecture

② Period : From May 30 to July 31, 2020

③ Details

● Outings

Osaka residents are requested to continue practicing “New Lifestyle” to prevent spread of infections.

- Until May 31: Avoid going to facilities where clusters occurred before, as well as traveling across prefectures
- From June 1 to 18: Refrain from non-essential or non-urgent travels to some of the Tokyo Metropolitan Area (Saitama, Chiba, Tokyo, Kanagawa) and Hokkaido

● Holding events

With the guideline mentioned in Page 3, the allowable event scales should be gradually expanded approximately every three weeks.

Events should be held within the scale of determined number of participants and capacity.

● Facility use

After June 1, the closure request to all the facilities including those where clusters occurred nationally will be lifted.

※Residents and business operators are requested to take appropriate infection prevention measures and register at/effectively use the “Osaka coronavirus tracking system.”

Outings

- Osaka residents are requested to continue practicing “New Lifestyle” to prevent spread of infections.
Cooperation for the following is also requested:

Until May 31	From June 1 to 18
<ul style="list-style-type: none">○ Avoid going to facilities where clusters occurred before, such as eateries with hospitality services.○ Refrain from traveling across prefectures, such as non-essential or non-urgent trips for leisure activities.	<ul style="list-style-type: none">○ Refrain from non-essential or non-urgent travels to some of the Tokyo Metropolitan Area (Saitama, Chiba, Tokyo, Kanagawa) and Hokkaido for leisure activities, etc.

Examples of practicing “New Lifestyle”

- ① Avoiding “Three Cs”
- ② Keeping social distance (Keep possibly 2 meters between persons)
- ③ Wearing a mask (Wear a mask even if you have no symptoms)
- ④ Washing hands (Wash your hands and face upon coming home. Wash your hands carefully using soap and water for about 30 seconds)
- ⑤ Practicing measures such as teleworking as much as possible
- ⑥ Registering at the “Osaka coronavirus tracking system” and using it effectively, etc.

Holding events

- Organizers are requested to take appropriate infection prevention measures and to introduce “Osaka coronavirus tracking system” in preparation for the occurrence of infections.
The following guidelines should be referred to when holding events.

【Maximum number of participants】

Until June 18	June 19 to July 9	July 10 to July 31
-Indoors: 100 or less -Outdoors:200 or less	-Indoors/outdoors : 1,000 or less -Events where people gather from all over the country such as professional sporting ones should be held WITHOUT spectators	-Indoors/outdoors: 5,000 or less

【Capacity conditions】

- Indoors : Limit the number of participants less than half of the full capacity of the facility
 - Outdoors: Keep an enough distance between persons
- **It is being considered to request to refrain from holding events if appropriate infection prevention measures or risk countermeasures are NOT taken or prepared.**

Facility use

- **After June 1, the closure request to all the facilities including those where clusters occurred nationally is to be lifted.** The following is requested from the viewpoint of preventing spread of infections.

1. **Facilities to which the closure request is lifted after June 1** (The request is valid until May 31)

- **Facilities where clusters occurred nationally**

Categories	Facilities	Request details
Entertainment facilities	eateries with hospitality services such as cabarets, night clubs Snacks, bars, pubs, karaoke boxes, and music clubs	<ul style="list-style-type: none"> • Closure request is to be lifted on the premise that they comply with the guidelines to prevent spread of infections made by industry groups, etc. based on the authorities' knowledge. Until the guidelines by those groups have been compiled, facilities should comply with the Osaka Prefecture's guidelines.
Sports/amusement facilities	sporting clubs	<ul style="list-style-type: none"> • Facilities used by many and unspecified people are requested to take coronavirus tracking measures such as introduction of "Osaka coronavirus tracking system" or making a name-list of the facility users <p>⇒ Hereafter the facilities where clusters occur might be requested to restrict their use based on the Article 24, Clause 9 of the Act</p>

2. Facilities other than noted in 1.

- **Education facilities, universities/tutoring schools, theaters, meeting/exhibition facilities, etc.**

Categories	Facilities	Request details
Education facilities	schools (except universities, etc.)	<ul style="list-style-type: none"> • They are requested to take thorough infection prevention measures while complying with the guidelines to prevent spread of infections, made by industry groups, etc. based on the authorities' knowledge • Facilities used by many and unspecified people are requested to introduce "Osaka coronavirus tracking system." <p>⇒ Hereafter the facilities where clusters occur might be requested to restrict their use based on the Article 24, Clause 9 of the Act</p>
Universities/tutoring schools, etc.	education facilities such as universities, special training schools, miscellaneous schools, etc., driving schools, tutoring schools, etc.	
Theaters	theaters, movie theaters, variety theaters, etc.	
Meeting/exhibition facilities	meeting rooms, auditoriums, exhibition halls, multipurpose halls, cultural halls, rental meeting rooms	
Museums, etc.	museums, art museums, libraries, etc.	
Hotels and inns	hotels, inns (meeting spaces ONLY)	
Commercial facilities	stores other than daily necessities retailers stores offering services NOT essential in daily lives	
Entertainment facilities	dance halls, adult entertainment facilities, private movie theaters, Internet cafés, manga cafés, shooting saloons, etc.	
Sports/amusement facilities	gymnasiums, indoor swimming pools, bowling alleys, skating rinks, indoor sports facilities (except sporting clubs), mah-jongg game parlors, pachinko parlors, game centers, outdoor swimming facilities, etc.	

• **Facilities essential for social lives and social welfare facilities**

Categories	Facilities	Request details
Medical institutions	hospitals, clinics, pharmacies, etc.	<ul style="list-style-type: none"> • They are requested to take thorough infection prevention measures while complying with the guidelines to prevent spread of infections, made by industry groups, etc. based on the authorities' knowledge. • Meal service facilities, etc., are requested to introduce "Osaka coronavirus tracking system."
Daily necessities stores	wholesale markets, grocery stores/corners, daily necessities corners at department stores and supermarkets, convenience stores, etc.	
Meal service facilities	Restaurants (including pubs), restaurants with amusement services, cafés, etc.	
Housing, lodging facilities	hotels and inns, apartment houses, boarding houses, etc.	
Transportation	buses, taxies, rent-a-cars, railways, ships, aircraft, logistics services(delivery service), etc.	
Factories	factories, working places, etc.	
Financial institutions, public offices	banks, stock markets, brokerage firms, insurance companies, public offices, etc.	
Social welfare facilities	nurseries, after-school nurseries, long-term care facilities, other facilities related to these welfare services, facilities providing health and medical services	
Others	news organizations, funeral halls, public bathhouses, pawn shops, veterinary clinics, barbers/hair salons, laundries, waste treatment-related companies, etc.	

Example of practicing "New Lifestyle"

(extracted from the Expert Meeting on the Novel Coronavirus Disease Control "Analysis of the Response to the Novel Coronavirus (COVID-19) and Recommendations" (May 4, 2020))

(1) Basic infection prevention measures for each person

Three basics for preventing infection:

① Keeping physical distance, ② wearing a mask, ③ washing hands

- Keep a distance of two meters as much as possible, or at least one meter, between two persons
 - Chose outside rather than inside if you are to play
 - Avoid standing right in front of each other during conversation as much as possible
 - Wear a mask when you go out or talk inside even without any symptoms
 - Wash your hands and face first when you get back home, followed by changing clothes and showering as soon as possible
 - Carefully wash your hands with water and a soap for approximately 30 seconds (also possibly with hand sanitizer)
- ※Pay more attention to your health, especially when meeting those who may have a high risk of serious symptoms, such as the elderly or people with chronic diseases.

Infection prevention related to traveling

- Refrain from traveling to and from where the infection is prevailing
- Refrain from traveling upcountry or for leisure. Business trips only when it is unavoidable
- Keep a record of the people you meet and the time of meeting in case you get infected
- Carefully follow how the infection is prevailing locally

(2) Basic lifestyle for daily life

- Wash and sanitize hands frequently
 - Make sure to observe coughing etiquette (by covering your mouth)
 - Ventilate frequently
 - Keep physical distance
 - Avoid gatherings in crowded places, close contact settings and closed spaces**
 - Check your health condition and measure body temperature every morning
- Do not force yourself to go out, and stay home if you have symptoms of fever or cold



Stay home



Avoid gatherings in crowded places



Avoid gatherings in close contact settings



Avoid gatherings in closed spaces



Ventilation



Coughing etiquette



Wash hands

Example of practicing "New Lifestyle"

(extracted from the Expert Meeting on the Novel Coronavirus Disease Control "Analysis of the Response to the Novel Coronavirus (COVID-19) and Recommendations" (May 4, 2020))

(3) Lifestyle for each scene of daily life

Shopping

- Use online shopping
- Shop by yourself or in a small group, at off-peak hours
- Use electronic payment
- Plan your shopping in advance and shop quickly
- Refrain from touching displays like samples
- Keep a distance while lining up at the cashier

Leisure, Sports etc.

- Select places like parks at off-peak time
- Refer to videos for home muscle training or yoga
- Jog in a small group
- Keep a distance as etiquette when passing others
- Utilize booking systems for leisure
- Do not stay long in small rooms
- Keep a distance or stay online for singing or cheering others

Public Transports

- Refrain from chatting
- Avoid peak-hours
- Also take a walk or use bikes

Meals

- Take away or delivery
- Enjoy meals at outside spaces
- Serve individually, avoid sharing plates
- Do not sit face-to-face, rather besides
- Concentrate on eating, refrain from chatting
- Avoid serving alcohol, sharing glasses or sake cups

Family ceremonial occasions

- Avoid banquets or meetings with large numbers
- Decline participation when you have symptoms of fever or cold

(4) New working style

- Work remotely and rotate commuting shifts
- Keeping a distance while commuting during different working hours
- Open and widen working spaces
- Use online meetings
- Exchange business cards online
- Wear a mask and ventilate venues in case of a face-to-face meeting

※ Infection prevention guidelines for each business sectors will be prepared by relevant organizations.